

## **Group Discussion**

### **Impact of Mobile Phone In Our Lives**

On 11 January 2019, a group discussion was held on "Impact of Mobile phone In our lives". The event was well attended by participants from FYBA and SYBA, B.Ed. who were interested in discussing the impact of social media on their lives. The discussion began with an introduction to the topic and its relevance to contemporary society. The participants were then divided into small groups for a more detailed analysis of the positive and negative impacts of social media. Each group was assigned specific aspects of social media, such as relationships, mental health, and productivity, to discuss and analyze. The discussions were lively and engaging, with participants expressing their thoughts and opinions about social media. There was a healthy exchange of ideas, with participants questioning and challenging each other's views, which helped to deepen their understanding of the topic. One of the main themes that emerged from the discussions was the issue of addiction and the impact of mobile phone media on mental health. Participants highlighted how excessive use of social media can lead to anxiety, depression, and other mental health issues. This led to a broader discussion on the importance of setting boundaries and limiting the use of social media for the sake of mental wellbeing. Another theme that was explored was the role of social media in relationships. Participants discussed how mobile can both positively and negatively impact relationships, from facilitating communication to causing jealousy and mistrust. The discussions also touched upon the impact of social media on productivity and time management. The discussions also focused on the responsibility of individuals and society as a whole in managing the negative impacts of social media. Participants talked about the importance of digital literacy and critical thinking when consuming content on social media, as well as the need for regulations and policies to protect individuals from harmful content and practices.



## Book Discussion

### The Wings Of Fire

On 5 February 2019 , a book discussion on “The Wings Of Fire ” by APJ Kalam was held in the seminar Hall, organized by DMHA college The event was well attended by students, faculty members. The discussion began with an introduction to the author and his works, followed by a brief overview of “the wings of fire ” The students were then divided into small groups for a more detailed analysis of the book. Each group was assigned specific chapters or themes to discuss and analyze. The discussions were lively and engaging, with students expressing their thoughts and opinions about the book. There was a healthy exchange of ideas, with students questioning and challenging each other’s views, which helped to deepen their understanding of the literary work. One of the main themes that emerged from the discussions was the issue of social inequality and the treatment of the poor in society. Students highlighted how the book can be motivated to us to achieve our dreams , The event provided a platform for students to express their thoughts and opinions about the book in a supportive and engaging environment.



